

קַבְּלַת שַׁבָּת

KABBALAT SHABBAT — WELCOMING SHABBAT

This section, until Shalom Aleichem on page 24 [142], does not offer alternative readings.

PSALM 95:1-7

L'CHU n'ran'na l'Adonai,
nariyah l'tzur yisheinu.
N'kadmah fanav b'todah,
bizmirot naria lo.

Ki El gadol Adonai,
uMelech gadol al kol elohim.
Asher b'yado mech'krei aretz,
v'to-afot harim lo.
Asher lo hayam v'hu asahu,
v'yabeshet yadav yatzaru.

Bo-u nishtachaveh v'nichraah,
nivr'cha lifnei Adonai oseinu.
Ki hu Eloheinu,
vaanachnu am marito v'tzon yado.

Hayom im b'kolo tishma-u.

לְכוּ נְרַנְנָה לַיהוָה,
נְרַיְעָה לְצוּר יִשְׁעֵנוּ.
נִקְדְּמָה פָּנָיו בְּתוֹדָה,
בִּזְמֵרוֹת נְרַיֵּעַ לוֹ.

כִּי אֵל גָּדוֹל יְיָ,
וּמֶלֶךְ גָּדוֹל עַל-כָּל-אֱלֹהִים.
אֲשֶׁר בְּיָדוֹ מְחַקְרֵי-אָרֶץ,
וְתוֹעֲפוֹת הַרִים לוֹ.
אֲשֶׁר-לוֹ הַיָּם וְהוּא עֹשֶׂהוּ,
וַיַּבֶּשֶׂת יַדָּיו יַצָּרוּ.

בָּאוּ נִשְׁתַּחֲוֶה וְנִכְרַעַה
נִבְרַכָּה לְפָנֵי-יְיָ עֲשֵׂנוּ.
כִּי-הוּא אֱלֹהֵינוּ,
וְאִנְחָנוּ עִם מְרַעִיתוֹ וְצֵאן יָדוֹ,

הַיּוֹם אִם-בְּקוֹלוֹ תִשְׁמָעוּ.

COME, LET US SING joyously to Adonai,
raise a shout for our Rock and Deliverer;
let us come into God's presence with praise;
let us raise a shout for God in song!
For Adonai is a great God,
the great ruler of all divine beings.

קַבְּלַת שַׁבָּת *Kabbalat Shabbat*, “Welcoming Shabbat,” is one of the ritual innovations of the circle of Kabbalists (Jewish mystics) who gathered around Rabbi Isaac Luria in sixteenth-century Safed in the Land of Israel.

Psalms 95–99, 29 — This cycle of six psalms, representing the six days of creation, enjoins all creation to sing out the praises of God. God's creative power is revealed in the world around us; God's sovereignty is over all nature and all nations.