

Contents

<i>Middah</i> Chart	xi
Foreword Alan Morinis, DPhil	xv
Introduction Rabbi Barry H. Block	xxi
Fine-Tuning Our <i>Middot</i> as a Spiritual Practice Rabbi Lisa L. Goldstein	xxix
Acknowledgments	xxxv
GENESIS	
<i>B'reishit: Anavah</i> Rabbi Michelle Pearlman and Rabbi Sharon Mars	3
<i>Noach: Tzedek</i> Rabbi Andy Kahn	11
<i>Lech L'cha: Yirah</i> Rabbi Richard M.C. Kellner	17
<i>Vayeira: Z'rizut</i> Rabbi Alexandria R. Shuval-Weiner, MED, RJE, MAJS	23
<i>Chayei Sarah: M'nuchat HaNefesh</i> Rabbi Jennifer A. Gubitz	29
<i>Tol'dot: Emet</i> Rabbi Lisa L. Goldstein	37
<i>Vayeitzei: Savlanut</i> Rabbi Daniel S. Alexander, DMin, DD	43

<i>Vayishlach: Yirah</i>	51
Rabbi Judith Lazarus Siegal	
<i>Vayeishev: Rachamim</i>	57
Rabbi Barry H. Block	
<i>Mikeitz: Emunah</i>	63
Rabbi Lisa D. Grant, PhD	
<i>Vayigash: Bitachon</i>	69
Rabbi Ted Riter	
<i>Va-y'chi: Emet</i>	75
Rabbi Brett R. Isserow	
EXODUS	
<i>Sh'mot: Ometz Lev</i>	83
Rabbi Amy Eilberg	
<i>Va-eira: Anavah</i>	89
Rabbi Joshua Mikutis	
<i>Bo: Kavod</i>	95
Rabbi Nancy Wechsler	
<i>B'shalach: Bitachon</i>	101
Rabbi Cantor Alison Wissot	
<i>Yitro: Emet</i>	107
Rabbi Carol Glass, BCC, SD	
<i>Mishpatim: M'nuchat HaNefesh</i>	113
Rabbi Dr. Shmuly Yanklowitz	
<i>T'rumah: N'divut</i>	119
Rabbi Joseph B. Meszler	
<i>T'tzaveh: Anavah</i>	125
Rabbi Leah Lewis, MAJS	

CONTENTS

vii

<i>Ki Tisa: Kaas</i>	129
Rabbi Mari Chernow	
<i>Vayak'heil: Z'rizut</i>	135
Rabbi Elizabeth Bahar	
<i>P'kudei: Emunah</i>	141
Rabbi Cheryl Rosenstein, DD	

LEVITICUS

<i>Vayikra: N'divut</i>	149
Rabbi David Jaffe	
<i>Tzav: Seder</i>	155
Rabbi Nicole Auerbach	
<i>Sh'mini: Sh'tikah</i>	161
Rabbi Jonathan Kraus	
<i>Tazria: Rachamim</i>	167
Rabbi Lisa J. Grushcow, DPhil	
<i>M'tzora: Bushah</i>	173
Rabbi Samuel J. Rose	
<i>Acharei Mot: Acharayut</i>	179
Rabbi Peter B. Schaktman	
<i>K'doshim: Hakarat HaTov</i>	187
Rabbi Eric S. Gurvis	
<i>Emor: Sh'vil HaZahav</i>	193
Rabbi Marc Katz	
<i>B'har: Bitachon</i>	199
Rabbi Marc Margolius	
<i>B'chukotai: Histapkut</i>	205
Rabbi Marla Joy Subeck Spanjer, DD	

NUMBERS

<i>B'midbar: Seder</i>	213
Rabbi Avi Fertig	
<i>Naso: Z'rivot</i>	219
Rabbi Marcia R. Plumb	
<i>B'haalot'cha: Anavah</i>	225
Rabbi Max Weiss	
<i>Sh'lach L'cha: Savlanut</i>	229
Rabbi Sonja K. Pilz, PhD	
<i>Korach: Z'rivot</i>	235
Rabbi Michal Shekel	
<i>Chukat: Chutzpah</i>	241
Rabbi Jan Katzew, PhD	
<i>Balak: Kaas</i>	247
Rabbi Harvey J. Winokur	
<i>Pinchas: Kaas</i>	253
Rabbi Pamela Wax	
<i>Matot: Acharayut</i>	261
Rabbi Rachel Gurevitz, PhD	
<i>Mas'ei: Tzedek</i>	267
Rabbi Samuel L. Spector	

DEUTERONOMY

<i>D'varim: G'vurah</i>	275
Rabbi Judy Shanks	
<i>Va-et'chanan: Emunah</i>	281
Rabbi David Adelson, DMin	

CONTENTS

ix

<i>Eikev: N'divut</i>	287
Rabbi Yair Robinson	
<i>R'eh: Kavod</i>	293
Rabbi Jen Clayman	
<i>Shof'tim: Tzedek</i>	301
Justice Annabelle Imber Tuck	
<i>Ki Teitzei: Tzedek/Rachamim</i>	307
Rabbi Bonnie Koppell	
<i>Ki Tavo: Hakarat HaTov</i>	313
Rabbi Andrea C. London	
<i>Nitzavim: Anavah</i>	321
Rabbi Paul F. Cohen, DMin, DD	
<i>Vayeilech: Bitachon</i>	325
Rabbi Debra Kassoff	
<i>Haazinu: Anavah</i>	331
Cantor Chanin Becker	
<i>V'zot Hab'rachah: Emunah</i>	337
Rabbi Judith B. Edelstein, DMin, BCC	
Glossary	343
Contributors	347